# 7 Financial Benefits of Backyard Gardening



You probably started gardening as a hobby. However, you might have always wondered if you could use gardening to save money. You certainly can. In fact, you can actually garden to make

money if you're savvy about it. The financial benefits of backyard gardening go beyond just saving at the grocery store, too! Here are seven ways you can save/make money with your backyard garden:

### 1. Save Money on Food

Obviously, the first money-saving thing most people think about is eating from their garden. That's definitely one of the financial benefits of backyard gardening. After all, there are so many vegetables and herbs that you can grow yourself at a cost that's significantly lower than what you'd pay for the same quantity at the grocery store. Earth Easy shares that some of the most cost-effective vegetables to grow include lettuce, bell peppers, squash, tomatoes, and garlic.

#### 2. Sell Your Extras

Many people grow more than they can ever possibly eat in one season. If you're skilled enough to create such a bounty, then you can definitely profit off of it. You might set up a stand at the local farmer's market. Perhaps you just want to set up a table in your own front yard on the weekends. Or maybe you just want to advertise on social media what you're selling during your harvest period. Whatever method you choose, this is a great way to supply others in your area with fresh fruits, vegetables, herbs, and even flowers while also making some money.

Remember that you can also harvest your seeds and cuttings for sale to other backyard gardeners. Also, consider bartering with those gardeners. Trading what you have for what you need means that you don't need to spend that extra money at the grocery store.

#### 3. Plants as Gifts

You don't have to spend money on extra gifts when you have plenty growing right in your own backyard. Head back there and pick a bouquet of fresh flowers. Make a basket of fruits and vegetables. Or collect herbs in a little envelope. These are special, personal, useful gifts that don't cost you anything extra since you're gardening anyway.

## 4. The Money You Save on Entertainment and Exercise

Debt Helper points out that working in the garden is exercise. Therefore, you save on gym memberships and exercise equipment. Similarly, many people enjoy garden time as a form of entertainment. Cancel your streaming television services and get outside to watch the plants grow instead. These financial benefits of backyard gardening might not be obvious. However, if done intentionally, you can save a lot of money by considering all your garden provides.

### 5. Health Benefits of Gardening

Gardening offers so many benefits. The exercise you get from it is just one of those benefits. You also get Vitamin D, reduce stress, and derive many other benefits from your garden. Improving your physical and mental health is good for how you feel. It's also good for your bank account. You'll save money by avoiding doctors, medication, and the downtime of ill health.

#### 6. Rent Out Your Garden

<u>US News</u> notes that you can make extra money by renting out your garden. If you have a beautiful space, then you might rent it out for events. Photographers might like to photograph your garden and the items in it. Even with a small garden, you might rent it out for picnics, wine nights, or craft sessions. Try using Airbnb Experiences to advertise unique opportunities like this for extra income.

### 7. Offer Gardening Classes

You've already learned a lot in your own backyard garden. Therefore, you possess knowledge that you can share with others. Many people would be willing to pay for your knowledge. Host classes in your garden.

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- 4 Smart Garden Devices That Save Time and Money

# Profitable Greenhouse Crops: Money in Your Pockets



You've been growing for a while. You've built a DIY greenhouse (or invested in one) and decided that you want to turn your hobby into a profitable small business. Which plants should you focus on growing to ensure steady cash flow? Here are the most profitable greenhouse crops that you should consider growing:

#### **Tomatoes**

Tomatoes are the star of the garden world, and they thrive in greenhouse conditions. People love <u>tomatoes</u>! Choose specialty varieties, like heirloom strains, to offer unique selections to your customers. Pick indeterminate varieties for a continuous yield. No farmer's market stand is quite right without tomatoes, after all.

#### Leafy greens

Lettuce, <u>kale</u>, chard, spinach are highly sought after produce items. There are also plenty of specialty varieties that can be marketed as gourmet. Leafy greens are easy to grow and

harvest. They also mature quicker than many other types of produce. Spinach, for instance, takes less than a month before it's ready to harvest. People don't mind paying a premium for fancy, flavorful lettuce mixes.

Rhubarb and Swiss Chard both great options that have edible leafy red stalks, and you can use this free comprehensive guide on how to <a href="https://harvest.nubarb.">harvest rhubarb</a>.

#### Herbs

Basil, cilantro, sage, rosemary. These are all popular with both chefs and home cooks. Most herb plants offer multiple harvests and require minimal space. You can grow them alongside other high-yield crops, as well. If you have an overflow of herbs, it's also possible to dehydrate them and sell dried, packaged herbs to customers.

#### **Microgreens**

Microgreens are a super-profitable greenhouse crop. They're also incredibly easy to grow and provide a hefty return. You don't even need a greenhouse to get started with growing microgreens, but a dedicated space is definitely an advantage. It takes less than a month to grow a tray of microgreens so you can harvest A LOT during a season. They also fetch a high price per pound. People love them because they're tasty and nutritious. The drawback of this crop, though, is the short shelf life.

# Things to consider before jumping right in

Of course, starting a hobby farm business and selling profitable greenhouse crops is a bit more complicated than selecting high-value plants. You can't sell produce without a

buyer. Who will buy your plants? Will you sell directly to a local restaurant? Or do you plan to set up at a farmer's market? Considering demand is vital. Don't choose what to grow before you fully understand what your buyer wants. If your goal is to sell to a local restauranteur, have a chat and ask about what they might need then plant accordingly.

Think also about **how long individual plants take to mature**. Tomatoes are popular at farmer's markets, but they also require a long growing season and take up a significant amount of space. Does it make sense to focus on this crop if you have a tiny greenhouse space? Or should you focus on <u>quick-growing</u> plants that will yield multiple harvests and provide more opportunities for income?

Don't forget to factor in the effort required to grow plants. Certain types of produce require a lot more effort to grow than others. Many greens, for instance, don't require a lot of babysitting, but eggplants and tomatoes need a lot more TLC.